



## CITIZENS CHURCH

Sunday, October 17, 2021

*Break the ice.* If you could only eat one food for the rest of your life what would it be?

*Read Psalm 16 aloud together.*

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A Miktam of David.

*“You Will Not Abandon My Soul”*

Psalm 16 teaches us how to talk to God when we're empty.

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*Discuss the passage.*

- David begins the Psalm by calling out to God for refuge from his emptiness (v. 1-2). What distinction does David make between himself and God? Why is it good for us to follow David's example in prayer?
- David honestly shares with God his emptiness and need. What are signs or symptoms in your life that show you're in this state?
- In following David's prayer we learn how to talk to God when we are empty by:
  - Honestly stating where you are to God
  - Asking God to speak to you through His people
  - Remembering and reciting to God His story and His character
- Where do you turn where you are irritable, empty, or discontent? (v. 1-2)
- In your own words restate “pain matters but it is not your master” (v. 5-6)?
- How does the true reality of the *already not yet* fullness of joy that we have in Jesus Christ bring comfort to you today where you sit (v. 11) ?

*Close in prayer.* Invite everyone to pray aloud together through these three movements:

- Honestly state where you are to God
- Ask God to speak to you through one another in the Home Group
- Remember and recite to God His story (that He has made known the path of life and in His presence there is fullness of joy and pleasures forever more)